

## **MPT (SPORTS) STUDENT WORKED AS SPORTS PHYSIOTHERAPIST IN SUB-JUNIOR NATIONAL FOOTBALL CHAMPIONSHIP, ANDHRA PRADESH**

MPT (Sport) student Dr. Jigar Garasia worked as a team physiotherapist of Dadra & Nagar Haveli and Daman & Diu (DNH & DD) in Sub-Junior National Football Championship held at Ananthapuram, Andhra Pradesh from 22<sup>nd</sup> September to 6<sup>th</sup> October 2023. The championship was organized by All India Football Federation (AIFF). Dr. Jigar Garasia was appointed as an official team physiotherapist where he was given the responsibility for pre-competition fitness assessment of players and to plan an injury prevention program. During the tournament he worked on-field where he treated various injuries such as quadriceps muscle strain, contusion, hamstrings muscle strain, knee injuries, etc. His service was highly appreciated by the players as well as by the Dadra & Nagar Haveli and Daman & Diu Football Association. Dr. Jigar had really a nice on-field exposure. We are very much thankful to DNH & DD football association for giving our student this opportunity.